



■ Helo

An introduction

With production of electrical components dating back to 1919, Helo has a long, illustrious history in the sauna field. Now part of the worldwide Tylo-Helo Group and still true to our Finnish roots, we promise a guarantee of the best in traditional sauna and Turkish Steam.

Modern manufacturing plants in Finland and the USA, a huge variety of carefully chosen products, full service back up and the comfort of our FIVE YEAR warranty - all good reasons to select Helo for your wellness project.















Steam at home is truly the ultimate luxury - an oasis of calm as a complete release from the stresses of hectic daily life.

Whether you choose a quick 10 minutes or so in advance of the morning shower to set you up for the day or a longer period of contemplation in the evening to promote a great night's sleep, your investment in steam will pay you back many fold - and with Helo's specially selected "extras" you can personalise your steam room to include specialist lighting, sounds and fragrance to enhance and vary the effect according to your mood.

There are a few simple rules to creating a reliable, trouble free and effective Turkish Bath at home and Helo with long and varied experience is best placed to assist you. On our website you will find all the advice you need - components required, selected options and the do's and don'ts to be sure of a trouble free life. Find more at www.helo.co.uk or if you prefer give our sales team a call on 0800 0234590.



Steam will keep you in good voice!

Legendary Les Miserables West End star Frances Ruffelle and her famous daughter, Eliza Doolittle know how important it is to protect their great singing voices. Both are fans and regular users of Helo steam. Here's what Frances has to say:



I am often asked how I look after my singing voice especially when I am performing 8 shows a week playing a demanding role in musical theatre.

My advice to young singers (and old ones) is to steam every morning and evening, without fail, and if you can find the time steam again and again.

Steaming keeps your sinus membranes moist which is really important for your voice, because the sinus is responsible for moisturizing the air you breathe on its way down to your lungs and rehydrating the vocal chords.

A few years ago I installed two Helo steam rooms in our family home. We are rather a musical family and my daughter pop singer Eliza Doolittle has been so successful and has her own steam room now in her home and couldn't bear to be without it.

All the top vocal experts and doctors give the same advice...steam steam steam.



"Steaming is an essential part of any singers armoury as it helps rehydrate the vocal folds after prolonged voice use."

Ed Blake (vocal physio to the casts in London's West End theatres).

"TylöHelo were fantastic and helped us along the whole process from the design of the new spa, to advice about current trends, to the installation and the fantastic aftercare. The training that they offered our staff has also proved invaluable in operating and maintaining the spa since opening."

Curt Green, General Manager, Netherwood Hotel & Spa.



Approved by health club customers across the UK

Helo carry out installations at five star hotels, leisure clubs and local authority sites all year round.

As well as being eye-catching, Helo installations must be robust to endure often 16 hours a day use and have virtually continuous steam production. The experience gained in these heavy duty situations guarantees trouble free operation of all installations in health clubs or the home.

The inclusion of background heating in the benches and floor, essence which can change with the seasons, subtle lighting, relaxing background music and the use of the Helo Wellness system, ensures the most effective of steam rooms is created.

Total control at your fingertips!

■ Helo AW Series Steam System

Drawing on our many years of experience in wellness solutions, TylöHelo introduces the new and improved Helo AW Series Steam System.

Catering for all requirements, Helo has developed two new control options blending the most advanced technology with state-of-the-art design features.

Elite Control

Elite is a versatile control panel using the latest touch screen technology and smart phone functionality for the ultimate steam experience.

- Sleek touch screen delivers real-time status on every aspect of your steam bath.
- Elite displays the temperature and running time and can be programmed to start up to 24 hours in advance.
- Set your own personal programme to suit your schedule.
- Regulate all steam room features lighting, temperature settings, essence injection and more.
- Supplied as standard for recessed mounting with black trim.
- Plated trims are optionally available for surface mounting.
- The TylöHelo Control App allows you to link to your smart phone, computer or tablet within the WiFi range of the property. Have total control over your steam room from the palm of your hand! Compatible with both Apple and Android devices.
- Connection to home system by WiFi only.

Pure Control

For those who prefer simplicity with the minimum of setting required, the Pure control is ideal. With touch buttons for power and light, setting the temperature and runtime or delayed start are all achieved on logical one to ten scales. With the new addition of a bright red LED temperature read out you can monitor your bathing environment more closely.

• Special Finishes: The Pure and Elite Controls come as standard with recessed wall mounting cradle and plain black trim. Alternatively, these controls can be surface mounted. When fitting in this way, kits with back trim and steam outlet in special finishes are available in chrome, polished nickel, brushed nickel, oil-rubbed bronze, brushed bronze or matte black.



Order Code	Description	Price
AW PE CH TRIM	Chrome	£49
AW PE PN TRIM	Polished Nickel	£49
AW PE BN TRIM	Brushed Nickel	£49
AW PE ORB TRIM	Oil Rubbed Bronze	£113
AW PE BB TRIM	Brushed Bronze	£245
AW PE MB TRIM	Matte Black	£201











Helo Steam Generator

Although unseen the steam generator is the heart of a Turkish Steam Bath so it's important to use the best. Helo has been producing generators for home and health clubs for more than 20 years – a natural development of our famous sauna heaters originating from the early 1950s.

We build without compromise, recognizing you want to fit and enjoy! Should attention ever be required – within the five year warranty and beyond – Helo engineers and genuine parts are always available to keep your steam room in service.

The AW Series model is the culmination of years of experience offering simply the best home steam generator you can buy.

The phased steam output in the AW Series generators means just two models – 4.5kW and 7.5kW -will cover most domestic requirements with two more powerful versions – 11kW and 14kW - for larger rooms. The Soft Steam function ensures continuous humidity and Intelligent Start keeps the generator primed ready for use.

With all these extra features you can be confident when choosing the AW Series Steam Generator:



- Stainless steel tank, long life elements and solid state electronics
- Compact dimensions but fully serviceable with all components replaceable
- Dedicated wiring included
- Separate discrete temperature sensor so you can place your control inside or outside your steam shower
- Fully tested and approved safe and reliable.

Technical Information					
Model	Power	Generator size (WxDxH)	Generator with Pure Control	Generator with Elite Control	Room Size*
AW4	4.5 kW	419 x 159 x 380mm	£3,539	£4,608	Up to 5m³
AW7	7.5 kW	419 x 159 x 380mm	£3,635	£4,705	Up to 9m³
AW11	11 kW	419 x 159 x 380mm	£3,928	£4,997	Up to 14m³
AW14	14 kW	419 x 159 x 380mm	£4,484	£5,553	Up to 20m³
AW18	18 kW	838 x 318 x 760mm	N/A	£8,138	Up to 26m³
AW22	22 kW	838 x 318 x 760mm	N/A	£8,613	Up to 32m³
AW28	28 kW	838 x 318 x 760mm	N/A	£8,855	Up to 38m³
AW36	36 kW	1257 x 477 x 1140mm	N/A	£11,700	Up to 45m³

*The sizes given are for general advice as maximum. The generator power required may vary considerably subject to wall build up/finish, height of room, glazing etc; for advice on your specific design, please call our sales team.

Prices include VAT

"Comfort flo" Steam Outlet

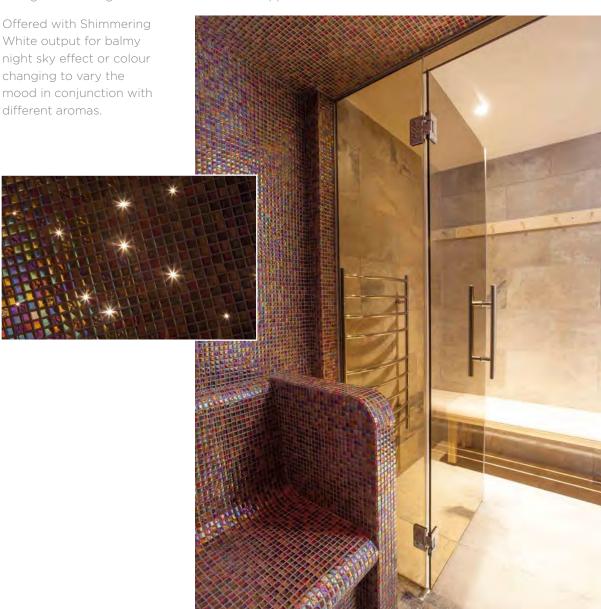
This steam outlet – sited at low level in the steam room – is designed to provide an even spread of steam throughout the room. Offered in six different plated finishes to suit surrounding décor, a recess on top takes oils for aromatherapy.



Enhancing your steam experience

■ Fibre Optic Mood Lighting

Mood lighting can dramatically influence the effect of steam on the senses from invigorating to ultimate relaxation. For reliability and longevity in the testing Turkish bath environment Helo favours Fibre Optic lighting with the single high power light box remote from the humid area. Of course we only offer the best – 100 top quality glass tails with brass sleeve and solid lens – neatly concealed in roof grout or using discrete sleeved lenses supplied.



Order Code	Description	Price
OS 100 LED CC	Night sky fibre optic lighting system 100 tail - Colour Changing	£1,848
OS 100 LED SW	Night sky fibre optic lighting system 100 tail - Shimmering White	£1,848

■ Bluecube Steam Shower Sound System

Bluecube is a neat hideaway media player which provides FM radio and can play your choice of music from an i-phone or Bluetooth enabled media device. The system includes a power transformer, RF remote and waterproof, 2way, 90W max. speakers.



 Order code
 Description
 Price

 BLUECUBE
 Blue Cube Steam Shower System with 2 x speakers
 £1,593

All prices include VAT

■ Home Stereo Kit

Enjoy soothing music whilst relaxing, with our stereo kit. Stereo sound from 35W steam proof speakers may be controlled and muted with the simple dial type water proof volume control. You need only a wired active input to hear your favourite tunes while bathing – a must for music lovers!



Order code	Description	Price
SPSKIT	Steam Proof Speaker Kit with 35W RMS, 8 ohm speakers, 6.5" dia. rotary volume control	£228

All prices include VAT



The use of fragrance is another way to vary the effect of steam on the senses from calm reflection to stimulation. Try Helo's gift box set of 4 popular essences – a few drops on the outlet transform the steam bath!

For the ultimate in luxury and sophistication, the auto essence doser keeps the steam room charged with your favourite scent to the intensity chosen. Nothing to set or control, just sit back and enjoy!

Order Code	Description	Price
AROMA 7	A selection box of 10ml essences in different fragrances to drop on the steam outlet head.	£40
STESS SYSTEM	Automatic essence dosing system for steam, complete with 3 x 11 seasonal essence starter pack	£1,554

All prices include VAT



Essence Dosing System



A selection of 10ml essences



Steam Seating

In smaller steam showers, where space is too restricted for purpose built seating, Helo's fold up seats are a great alternative – simply fold to the wall to allow room for showering after steam. Available in elegant, warm teak wood or more compact white plastic for the smallest rooms.

Order code	Description	Price
RELAX WOOD	Wood fold-away shower seat	£399



Order Code	Description	Price
RELAX SEAT	White fold-away Relax seat	£157

All prices include VAT

Steam Roof Solutions

To maintain humidity and heat where you want it, you need to keep the steam circulating and avoid annoying drips. Helo has the roof solutions below to suit the size and style of room. If you prefer to create a fully tiled room you can find advice on our website ww.helo.co.uk or call our sales team on 0800 0234590 to discuss.

■ Steam Domes

These clear acrylic domes provide a useful "lid" to the normal framed shower enclosure. Designed to sit on top of the frame or tiled wall, easily removed for cleaning, the centre bubble deflects condensation and perimeter flange can be trimmed to size. Made to order, if you give precise dimensions, the factory will trim to these for you at no additional cost.



Order code	Max size (mm)	Min size (mm) (trimmed)	Clear	Opaque
D9	900x900	760x760	£280	£362
D12/9	1200x900	1060x760	£361	£454
D16/8	1600x800	1460x660	£429	£539
D18/9	1800x900	1660x760	£551	£666
D12	1200x800	1060x660	£329	£413
DN9	Penta/Neo Angle - 900x900mm		£280	£362
DQ	Quadrant - 900x900mm		£278	£359
DEQ12	Extended Quadrant - 1200x900mm (L/R)		£360	£453

All prices include VAT

■ WBP Roof Boards

Where a more permanent false ceiling is required these 11mm ply roof boards with bonded matte white laminate surface are ideal to provide a secure, water and steam proof enclosure. Easy to fit to a perimeter frame with slight fall for condensation, you can use as a single sheet up to 2400 \times 1200mm or join 600mm boards with a "click fit" T&G joint.

Order code	Description	Price
NP600/W	2400 x 600 mm - T&G to link boards together for inside the steam area	£236
NP900/W/HW	2400 x 900 mm for use inside the steam area	£381
NP1200/W/HW	2400 x 1200 mm for use inside the steam area	£486
DEL/NP	PLEASE NOTE: Fixed Carriage Charge due to their size and need for careful handling	£48

All prices include VAT



Invisible fixing to the angled roof



Wall finish with panels fixed to perimeter timber frame covered by tile backer/tiled surface

How to buy

Visit the shop area or find your nearest retailer on our website: www.helo.co.uk

For advice or assistance with purchase, please call our sales team on 0800 0234590



Helo Domestic Steam Products now come with a 5 year warranty.

Terms and Conditions apply.

Specifications may change without notice.

■ Bespoke Design and Build Service

If you are seeking a complete installation service where your ideas are brought to reality, our Projects Department will be pleased to assist . We have built many steam rooms over the years to meet clients' specific wishes and will be happy to work with you to achieve your aims. Just forward your plans and thoughts about the style and we'll make an initial proposal for further discussion.

Also available from Helo;



Saunas - from our multi - sized Finnish Sauna range to beautiful built - in designer cabins with different decors.



Infra Red Cabins – the world first low EMR and EF models with reduced energy – the safest and most efficient heat cabin.



Sauna heaters – Stunning, new design heaters with the latest Touch control panels - models to integrate into furniture and with exposed rock basket – style and efficiency.



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